

August 1, 2023

Dear Parent/Guardian:

Greetings from the South Lakes High School health room. Our goal focuses on ensuring your student enjoys a safe and healthy school year.

The health room provides the following services:

- care to sick/injured students according to school guidelines
- performs vision/hearing screenings for students in 10<sup>th</sup> grade or new to Fairfax County Public Schools (FCPS), and/or students referred by teachers/parents
- administration and coordination of care for students with identified health conditions during the school day

Students with the following symptoms may not remain in school:

- fever of 100.4 or higher
- vomiting
- diarrhea

It is best practice for students to remain at home for 24 hours after these conditions resolve.

Please advise the school health nurse or school health aide of any specific health concerns you have. Immediately notify the physical education (PE) teacher if your student has any restrictions. Please provide up to date telephone numbers on the *Emergency Care Information Form* . If your student is ill, please do not send them to school.

Please take note of the following medication guidelines:

- complete the FCPS Medication Authorization Form for any medication your student takes during the school day
- The medication must be unopened and in the original container. All prescription medication must have a pharmacy label. The label must match the doctor order on the Medication Authorization Form
- A parent/guardian must transport all prescription medication to/from school
- High school students may transport over the counter medicine to/from school with written permission from the parent/guardian

- A parent/guardian can sign the Medication Authorization Form for antibiotics and over the counter medication for a maximum of 10 days
- Students may carry cough drops and throat lozenges if they are in the original container/packing. Students may not share them with fellow students
- The nurse or school health aide will verify all medicine received to ensure the description of the medication on the container/packaging matches the medication inside the container and the doctor order on the medication authorization form
- If your student takes a daily prescription medication, we will accept a maximum 30-day supply at one time
- We will accept a maximum supply of 100 pills/tablets/capsules of over-the-counter medicine at one time
- All requirements outlined in the *FCPS Regulation 2102, First Aid, Emergency Treatment and Administration of Medication* for Students apply

Thank you for your cooperation and assistance in making 23-34 a safe and healthy school year.

Mary Ellen Wolf, RN, CDCES

Public Health Nurse

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